

# CAITLYNN ABDOW ART



Caitlynn Abdow | Visual Artist | Portland, Oregon

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## **ARTIST BIO** | *Caitlynn Abdow (b.)1986 Massachusetts (l.) Portland, OR*

Caitlynn Abdow was born and raised in the rolling hills of Western Massachusetts and spent her childhood exploring the outdoors, dusty old art history books, and illustrated dictionaries that were her natural environment. In 2008 she achieved a degree in Painting and Art History at the University of Massachusetts. That same year she moved to Portland, Oregon where she now resides and works. Caitlynn Abdow is an award winning and published artist having shown in over 30 fine art gallery exhibitions nationwide. Her art focuses on a visual language of ancient and contemporary symbolism while featuring a limited naturalistic color palette. Caitlynn works primarily with oil paints, watercolors, and mixed media to render figurative and narrative works.

**ARTIST STATEMENT** | "My artworks are both informed and inspired by my fascination with all things ancient and sacred. Through research and reading, I cull through the visual history of humanity searching for links to our past, present, and future as told in ancient folklore and mythology. By drawing upon our collective history of symbolism, my art becomes infused with a visual language that speaks to our humanity and narrates our collective consciousness." - Caitlynn Abdow

**PHILOSOPHY & MISSION** | "People are longing for a sense of connection with the mystery, power and timelessness of our shared human history on this planet, in this universe. Every sci-if or fantasy film with a hero's journey or sacred quest is an attempt to quench that desire. People are looking for this feeling of magic and connectedness after they turn off their screens and unplug. The mythic and imaginative world is a very real part of my life, and I find it easier to mentally slip away from the bustle and repetitiveness of contemporary life than most. My pieces are a doorway for people to have a little peace, or magic or adventure in their lives." - Caitlynn Abdow

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